

CURRICULUM VITAE

Marios D. Kolios MD/sPhD/FESC/FERC

Personal Information:

Name: Marios

Surname: Kolios

Date of Birth: 12/01/1983

Address: Haonon 36, Ioannina, Greece

Postcode: GR-45221

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Academic Education:

2000-today: Military Doctor (Greek Military Academy of Medicine, Greek Medical Corps)

2000-2006: MD (Aristotle University of Thessaloniki, Greece)

2014-today: PhD Research (supervisor: Professor JA Goudevenos) "New Arrhythmologic, Electrocardiographic. and Echocardiographic Parameters in patients with β -thalassaemia major"

Professional-Clinical Experience:

1/2006-12/2007: Trainee of Internal Medicine (401 Military Hospital of Athens)

1/2008-9/2010: Military Doctor (625 Military Unit, Perama Ioanninon)-Captain in Medical Corps division of 625 Military Unit, Greek Medical Corps

10/2010-10/2012: Resident in Internal Medicine (424 Military Hospital of Thessaloniki)

10/2012-12/2012: Resident in Cardiology (424 Military Hospital of Thessaloniki)

12/2012-10/2016: Resident in Cardiology (University Hospital of Ioannina)

10/2016-today: Deputy Governor, Military Company of Health, Military Army, Perama Ioanninon, Greece

11/2017-today: Research Fellow, Cardiology Department, University Hospital of Ioannina, Greece

Clinical Skills:

1.Echocardiography (two-dimensional, tissue Doppler imaging, speckle tracking)

2.Cardiovascular pharmacology

3.Participating in ward rounds

4.Cardiology outpatient clinic

5.Accident & Emergencies (BLS/ILS/ ALS/EPLS instructor, ATLS provider)

6.Rapid Access Chest Pain Clinic

7.Catheter Laboratory-Left and Right Heart Catheterizations

8.Heart Failure Management

9.Sudden Cardiac Arrest Management-Resuscitation Team

Teaching and Presentations:

- Teaching undergraduate medical students
- Teaching nurses and general practitioners
- Basic and Advanced Life Support Teaching students, nurses and doctors (Seminars, Place of Seminar and Dates included at the end of the CV)
- Inform and teach public Basic Life Support
- Oral Presentation with the title "The Normal and abnormal Electrocardiogram" at General Hospital of Arta/Preveza/Ioannina, 28/9-4/10-5/10/2013
- Oral Presentation with the title "Electrocardiographic Abnormalities in the Emergency Department" at Bodosakio Hospital of Ptolemaida", 2nd Medical Congress of Ptolemaida, 28/3/2014
- Oral Presentation with the title "Heart and β -Thalassaemia major" at the 3rd B-Thalassaemia Congress, Ioannina, 25/10/2014
- Oral Presentation "ALS Algorithm" at the University Hospital of Ioannina, 6/12/2014
- Oral Presentation with the subject "Interesting Case-ST elevation Myocardial Infarction" at 2014 Interventional Congress, Ioannina, 12/12/2014
- Oral Presentation with the subject "Interesting Case-Echocardiography" at Working Groups of Hellenic Society of Cardiology, Thessaloniki, 28/2/2015
- Oral Presentation with the title "The Electrocardiogram" at University Hospital of Ioannina, 2/3/2015
- Oral Presentation with the subject "Patient with Brugada pattern type I and stroke" at the European Society of Cardiology Congress in London, 29/8/2015
- Oral Presentation with the subject "Patient with ST elevation Myocardial Infarction and acute mitral regurgitation" at Working Groups of Hellenic Society of Cardiology, Ioannina, 20/11/2015
- Oral Presentation with the subject "Interesting case of a patient with positive treadmill test" at Working Groups of Hellenic Society of Cardiology, Ioannina, 11/2/2016
- Oral Presentation with the title "The normal and abnormal electrocardiogram" at University Hospital of Ioannina, Emergency Department, 18/4/2016
- Oral Presentation with the title "Understanding the physiology and pathophysiology of the electrocardiogram" at University Hospital of Ioannina, 20/4/2016
- Oral Presentation with the title "Cardiac arrest-Current assessment" at the 2nd Regional Congress of Hellenic Society of Cardiology, 23/4/2016
- Oral Presentation with the subject "Basic Principles and Interrogation of the Electrocardiogram" at General Hospital of Leukada, 13/5/2016
- Oral Presentation with the title "Acute coronary syndrome Vs Brugada syndrome - An interesting case" at the Working Groups of Hellenic Society of Cardiology, Ioannina, 18/11/2016

- Oral Presentation with the title “An interesting drug-induced Brugada syndrome case” at the Working Groups of Hellenic Society of Cardiology, Thessaloniki, 16/2/2017
- Oral Presentation with the title “The Normal and Abnormal Electrocardiogram” at University Hospital of Ioannina, 3/3/2017
- Oral Presentation with the title “General approach to the Trauma Patient” at Military Club of Ioannina, 17/3/2017
- Oral Presentation with the title “The Socrates Trial-Ticagrelor vs Aspirin in the Acute Ischemic Stroke and Transient Ischemic Attack” at the ALPIC 2017 (Advanced Learning on Platelets & Thrombosis International Course), Metsovo, 24/3/2017
- Oral Presentation with the title “Kids Save Lives” at the Preliminary Arsakeio School of Ioannina, in accordance to the Resuscitation Guidelines of the European Resuscitation Council, 2/5/2017
- Oral Presentation with the title “E-cigarettes” at the Company of Epirotic Studies, in concordance with the national day against smoking, 31/5/2017
- Oral Presentation with the title “Emergency Medicine - Drowning, Heatstroke and Burns” at Military Club of Ioannina, Greece, 30/6/2017
- Panelist at Round Table with the title “Contemporary concerns in CPR”, 38th Anniversary Panhellenic Congress of Hellenic Society of Cardiology, Athens, Greece, 19/10/2017
- Oral Presentation with the title “Arterial Hypertension” at School of Medical Practice of Hellenic Army, Athens, 2/11/2017
- Oral Presentation with the title “Heart and Exercise” at Basketball Conference of Ioannina, Greece, 22/11/2017
- Oral Presentation with the title “First Aid” at Military Club of Ioannina, Greece, 24/11/2017

Publications-Posters:

1. Implantable cardioverter defibrillator lead placement in the right ventricular outflow tract in a patient with Brugada syndrome and persistent left superior vena cava, *Int J Cardiol.* 181 (2015) 166-168

Korantzopoulos P., **Kolios M.**, Nikas D., Goudevenos J.A.

2. Electrocardiographic abnormalities and arrhythmic risk markers in patients with beta thalassemia major (*poster*)

Korantzopoulos P., **Kolios M.**, Vlahos A., Kapsali E., Briasoulis E.

3. Automatic dissection of coronary arteries (*poster*)

Liappas G., **Kolios M.**, Girdis J., Lakkas L., Tsimos K., Ntallas J., Salma V, Dimitriou G., Vakalis K., Mpehlioulis A., Papafaklis M., Tzifos V., Nikas D., Goudevenos J.A.

4. Patient with Brugada pattern type I and stroke, *European Heart Journal* (2015) 36 (Abstract Supplement), 1212

Kolios M., Ntallas I., Korantzopoulos P., Nikas D., Liappas G., Tsimos K., Goudis C., Goudevenos J.A.

5. High-Grade Atrioventricular Block and Takotsubo Cardiomyopathy: Case Report and Review of the Literature, International Cardiovascular Research Journal. 2015 April; 9(2): 119-124.

Panagiotis Korantzopoulos ; Dimitrios N. Nikas ; Konstantinos Letsas ; Ioannis Gkirdis ; **Marios D. Kolios** ; Ioannis V. Ntalas ; and John A. Goudevenos

6. Electrocardiographic abnormalities and arrhythmic risk markers in adult patients with beta thalassemia major, Int J Cardiol. 2016 Jul 5;221:932-936. doi: 10.1016/j.ijcard.2016.07.037

Kolios M, Korantzopoulos P, Vlahos AP, Kapsali E, Briasoulis E, Goudevenos JA.

7. Adult congenital heart disease in Greece: Preliminary data from the CHALLENGE registry, Int.JCardiol.245 (2017) 10-113 <http://dx.doi.org/10.1016/j.ijcard.2017.07.024> 0167-5273/

G. Giannakoulas, K. Vasiliadis, A. Frogoudaki, C. Ntellos, A. Tzifa, S. Brili, A. Manginas, M. Papaphylactou, D. Parcharidou, N. Kampouridis, A. Pitsis, A. Chamaidi, **M. Kolios**, G. Papadopoulos, A. Douras, P. Davlouros, D. Ntiloudi, H. Karvounis, A. Kalangos, C. Tsioufis, S. Rammos, on behalf of the CHALLENGE investigators

8. Risk stratification in patients with pulmonary hypertension and congenital heart disease. Data from the CHALLENGE registry (*poster*) - 38th Anniversary Panhellenic Congress of Hellenic Society of Cardiology, Athens, Greece

G. Giannakoulas, K. Vasiliadis, A. Frogoudaki, C. Ntellos, A. Tzifa, S. Brili, A. Manginas, M. Papaphylactou, D. Parcharidou, N. Kampouridis, A. Pitsis, A. Chamaidi, **M. Kolios**, G. Papadopoulos, A. Douras, P. Davlouros, D. Ntiloudi, H. Karvounis, A. Kalangos, C. Tsioufis, S. Rammos, on behalf of the CHALLENGE investigators

9. The epidemiology of congenital heart disease in Greece. Five years of data from the CHALLENGE registry (*poster*) - 38th Anniversary Panhellenic Congress of Hellenic Society of Cardiology, Athens, Greece

G. Giannakoulas, K. Vasiliadis, A. Frogoudaki, C. Ntellos, A. Tzifa, S. Brili, A. Manginas, M. Papaphylactou, D. Parcharidou, N. Kampouridis, A. Pitsis, A. Chamaidi, **M. Kolios**, G. Papadopoulos, A. Douras, P. Davlouros, D. Ntiloudi, H. Karvounis, A. Kalangos, C. Tsioufis, S. Rammos, on behalf of the CHALLENGE investigators

Memberships:

Member of European Society of Cardiology

Member of Hellenic Society of Cardiology

Member of Hellenic Cardiovascular Research Society

Gold Member of European Resuscitation Council

Volunteer Work:

Inform school children with interactive presentations for smoking, alcohol, basic life support and illicit drugs

Organisation of events for the European "Restart a Heart Day" in Ioannina, October 2014

Teaching Basic, Immediate, Advanced and Paediatric Life Support

Scholarships-Achievements:

2002: Annual Scholarship at Aristotle Medical Academy (5th place)
2003: Annual Scholarship at Aristotle Medical Academy (3rd place)
2006: Graduation Degree 8,03
2009: Instructor of Immediate Life Support Seminars (European Resuscitation Council)
2010: Instructor of Basic Life Support Seminars (European Resuscitation Council)
2013: Instructor of Advanced Life Support Seminars (European Resuscitation Council)
2013: Director of Basic Life Support Seminars (European Resuscitation Council)
2014: Instructor Candidate of Paediatric Life Support Seminars (European Resuscitation Council)
2015: Instructor Trainer of Generic Instructor Course (GIC) (European Resuscitation Council)
2016: Title of Specialist Cardiologist
2017: E-learning course ICH Good Clinical Practice with a score 100%

Other skills:

Very good command of Microsoft Office (Word,Power Point, Excel),
Internet,Windows 2000/XP/Vista/7/8/10
English Language (Certificate of Proficiency in English, University of Cambridge)
Seven years of traditional greek dancing

Referees:

Prof. John Goudevenos, Director of 1st Department of Cardiology, University Hospital of Ioannina, Greece.
Phone number: +306946680768
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Dr Marios Georgiou, Director External Affairs of European Resuscitation Council, Cyprus
Phone number: +35799784580
E-mail: mariogr@spidernet.com.cy

Dr Dimitrios Nikas, Consultant of 1st Department of Cardiology, University Hospital of Ioannina, Greece
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